

Frequently Asked Questions concerning The Universal Kabbalah

What is The Kabbalah?

The Kabbalah has been known mostly in its association with Judaism. It is an aspect of Jewish mysticism but what is unknown is that many other cultures have Kabbalah as the basis for their mystical practice – there have been branches of Christian Kabbalah, Tibetan Kabbalah, Wiccan Kabbalah and Egyptian Kabbalah, to name a few. Far from being a religious practice or study, **Kabbalah is the study of the Tree of Life, the source of all Creation.** The Tree of Life is literally a pattern for everything that has been created and we can find references to the Tree of Life in many cultures from the Vikings to the Celts to the Hindus. The study and experience of this Tree gives us the understanding of the nature of divinity, the creation, the origin and fate of the soul, the role of human beings and the exploration for who we truly are. It utilizes meditative, devotional, mystical and magical practices, which were taught only to a select few over the ages. Its following has consisted largely of seekers who suspected that there was a deeper meaning and purpose to life than was traditionally taught.

What is The Universal Kabbalah?

The Universal Kabbalah is non-dogmatic - it is rooted in the teachings of the ancient mystery schools - and the teachings of the Kabbalah have been taught in an unbroken lineage of Master Kabbalist Teachers for thousands of years. It is a system that allows aspirants to answer for themselves the following questions:

- *Who am I?*
- *What am I?*
- *Where did I come from?*
- *Where am I going?*
- *What is my purpose?*

The Universal Kabbalah will help you to unlock these answers through an ancient Alchemical process passed on to a Universal Kabbalah Teacher to open the energetic gates of the Tree of Life so you can experience them and utilise the energy of Creation to access the core truths of who you are! The keys to open these gates have been safeguarded in the Mystery Schools over the ages for a time when we were all ready to have access to them and when we were ready to truly explore who we are!

Why study The Universal Kabbalah?

As with the other tools that are handed down by the Modern Mystery School, The Universal Kabbalah is one that can help us discover and achieve our purpose in life. The Kabbalah helps us to get the true empowerment to shape and organise our lives. It is a key tool to organise the data in our minds so we can better achieve our true purpose and it thus allows us to create our lives according to our own determination – free of all external constraints and limitations.

The Kabbalah has been studied in the Western Mystery School tradition since before the time of King Salomon (1000 BCE). It is tried and tested and because The Universal Kabbalah has been kept sacred within the Mystery Schools, it has not been subject to the fads and whims of popular society as it is in alignment with the pattern of Creation that is ever changing and evolving.

Why study The Universal Kabbalah with The Modern Mystery School?

The Modern Mystery School is a source of deep knowledge and ancient teachings that will help you to discover your true inner self and illuminate your next threshold of consciousness. Our main philosophy is that there are no teachers or Gurus or even books that can amount to more than 1% of your enlightenment. It is all up to you and what you do in life and as such we don't have teachers per say, we only have reminders that help you remember the things that you already know, things that are hidden deep within your soul. We will guide you and help you but you are the one who ultimately will reveal your own destiny and bring the true you to the surface.

The Universal Kabbalah is facilitated by a high level initiate of the Mystery School who will energetically adjust your vibrations to be in tune with the Tree of Life and its constituent paths, in a process called 'ascensions'. This allows the Tree of Life to manifest itself in your life so that you can self-realise and self-actualise your life in a far more meaningful and deeper way.

What is The Tree of Life?

It is an arrangement of ten interconnected spheres (called *sephiroth*, Hebrew for 'spheres'), which represent the central organizational system of the Kabbalistic tradition. The Tree of life is considered to be a map of the universe and the psyche, the order of the creation of the cosmos, and a path to spiritual illumination.



Who can I contact to study The Universal Kabbalah?

Please contact Julia Tiffin on 084 680 6029 or julia@juliatiffin.com